

## **WISH LIST**

Cunningham provides a safe community, a good education and a place to call home.

We all want and need the same things—love, security, connection—but we haven't all had the same opportunities. At Cunningham Children's Home, we give **HOPE** to those who need it most—youth who face serious emotional and behavioral challenges.

Although we appreciate the gesture, due to limited storage space we regretfully cannot accept donations of used clothing, shoes, toys, stuffed animals or China. Questions? Please contact Brooke Buzard at bbuzard@cunninghamhome.org or 217.337.9073.

#### **FOR THE HOME**

- dishcloths / towels / soap
- toaster
- XL twin sheet sets / pillows
- bath towels & washcloths
- plastic storage bins
- spray & wash- stain remover
- zippered twin plastic mattress covers
- cooking utensils
- pots & pans

#### **CLOTHING**

- men's t-style crew neck undershirts (sizes M,L,XL,XXL)
- men's white crew & ankle socks
- men's boxers (sizes S,M,L,XL, XX)
- women's underwear (sizes 5 9)
- sweatshirts and pants (L,XL,XXL)
- terry cloth bath robes (L,XL, XXL)Jeans (30x32, 32x32)
- Khaki pants (30x32, 32x32)
- Coats (all seasons) (S-L)
- Long sleeve shirts (S-L)
- Hoodies (S-L)
- Flip flops
- Slides

#### **ARTS & CRAFTS**

- rainbow looms
- car & airplane models
- fuzzy posters
- construction paper
- sketch books (8 x 10 or larger)
- craft kits and bead kits
- beginner sewing kits
- latch hook kits
- crochet supplies
- acrylic paints
- posterboard

#### **CAMERAS & ELECTRONICS**

- batteries: AAA, AA, C, D, and 9-Volt
- hand held electronic games
- disposable cameras
- inexpensive CD players/MP3 players
- DVD's PG-13 & under

#### **RECREATION**

- men's swimtrunks (ages 10-21)
- men's heavy winter gloves
- footballs, basketballs, volleyballs
- adult size baseball gloves
- pool toys / goggles
- Legos
- hackey sacks
- playing cards
- digital watches

#### **HEALTH CARE**

- alcohol free mouthwash
- band-aids
- Ibuprofen
- gauze squares / first aid tape
- antibiotic ointment
- digital thermometers
- sunscreen / bug repellant

#### PERSONAL CARE

- body wash
- body lotion
- hair picks and combs
- wave brushes / paddle brushes
- boy's shampoo / conditioner (no fruit / flower scents)
- African American hair care products (Cantu, Motions, Pink, Ampro)
- solid deodorant (no spray or roll-on)
- sanitary napkins /tampons
- flat irons

#### **SCHOOL NEEDS**

- composition notebooks (no spirals)
- markers, colored pencils
- black, blue and red Bic pens
- zipper binders
- glue
- sugar free gum
- #2 yellow pencils
- mechanical pencils

#### **MISCELLANEOUS**

duffel bags (new/gently used)

## hope begins here.

#### Newcomer Kit

(approximately \$85)

Young people arriving at Cunningham often times have been removed from their family and have few personal possessions. A "Newcomer Kit" is a child's physical welcome to a new and unfamiliar place.

- alarm clock
- back pack or book bag (for teen)
- laundry basket large
- XL twin sheet set and pillow
- journal & gel pens
- toothbrush & travel toothbrush holder
- 2 large bath towels, washcloths, and hand towels
- shampoo & conditioner
- body lotion
- hair brush / comb
- solid deodorant
- sanitary pads

### Let's go shopping!

Gift Cards are easy to buy, easy to send through the mail, and easy for us to store. Since Cunningham is a tax exempt organization, our kids can shop tax free, so your donation buys even more!

Please consider donating a gift card or gift certificate from:

- General: Walmart, Target, Meijer, Amazon.com, Dollar Tree
- Restaurants: Dairy Queen, McDonald's, Pizza Hut, Arby's, Taco Bell, Dominos, KFC, Culver's, Burger King, Monical's, Wendy's, Steak and Shake
- Clothing: Kohl's, Market Place Mall, Dick's Sporting Goods
- Entertainment: Movie Theatres, Best Buy, Visa



# Independent Living Opportunities (ILO)

# Helping young people make the transition to adulthood.

The Independent Living Opportunities program teaches young adults between the ages of 19 to 21 self-sufficiency and independence while they live on their own in the community. Males and females who are DCFS wards and/or DJJ clients are eligible. Youth must either have completed high school with a diploma or earned a GED. Participants attend junior college or avocational training program and are employed either independently or through our partnerships with community businesses.

Caseworkers are available for support and guidance, with the ultimate goal of launching participants to independence.

#### Pregnant and Parenting Teens Program (PPT)

Part of our Independent Living Program with additional supports for single mothers between the ages of 19 to 21 and their children. DCFS wards or DJJ clients are eligible.

#### **Program Services**

Therapy Services: Accessed through community resources with the assistance of Cunningham Children's Home staff.

Independent Living Skills Training and Housing/Financial Assistance:

Cunningham staff teach independent living skills including cooking, housekeeping,



laundry, hygiene, money management, social skills, sexual education, tenancy issues and basic legal skills. Cunningham helps locate and maintain housing and may provide monthly financial assistance to assist with rent, utilities and some necessities.

Employment and Educational Assistance: Cunningham staff help program participants locate and maintain

employment. Program participants also receive educational support to help them attend college and/or receive vocational training.

Medical, Dental, and Recreational Opportunities: Accessed through community resources with the assistance of Cunningham Children's Home staff. A Cunningham staff nurse is available to give guidance in health and safety issues.

## ILO Start-up Kit (approximately \$170)

An "Independent Living Start-up Kit" is given to our kids to help foster their independence as they become more self-sufficient a nd move into new housing.

- dish towels / cloths
- dishwashing liquid
- toilet bowl cleaner and brush
- Windex, Ajax or Mr. Clean
- dust pan, broom, wet mop and mop bucket
- toilet tissue, paper towels, kleenex and napkins
- Plastic scouring pads
- trash cans and trash bags for kitchen and bathroom
- Ziplock bags, tin foil and plastic wrap
- dishes and drinking glasses
- cooking utensils & silverware
- pots and pans set
- can opener, potato peeler, pizza cutter and ice cream scoop
- measuring cups and spoons
- storage containers
- shower curtain
- bath towel sets (with large towels)
- full size sheet set and 2 pillows
- laundry detergent

Parenting Skills and Support: Participants in the Pregnant and Parenting Teen Program receive guidance in locating licensed day care within the community to care for their child(ren) while the mother is at work or attends school. Parenting skills are developed through education and training provided by Cunningham staff. Other ILO clients who are non-custodial parents are supported by case workers to maintain a positive parenting relationship with their child(ren).

hope begins here.